



Activities for 4-5s

Number 7, 16/06/2020

Activity 1: Facial Expressions: Odd One Out

- Many young children will now be using phones, tablets or laptops to stay in touch with friends and family via video-chat. Video-chatting can be a fun way for young children to engage with others. If your child is taking part in a video chat, always make sure the chat is **password-protected**, so that only invited people can join.
- If your child has taken part in a video chat, ask what they thought about it. What did they like? What didn't they like? Explain that an adult should always be with them when they video chat, and that they should only video chat with family and friends.
- Tell your child that it's never ok for anyone to say nasty things on video chat, or try to them do anything they don't want to do.
- Remind your child to **Tell a Grown Up (TAG)** if they see or hear anything that makes them feel worried, scared or sad.
- Help your child complete the '**Odd One Out**' activity below, on paper or on screen. Ask how Jessie is feeling (is she **happy, worried, scared or sad**?) and support your child to write this if appropriate. Finally, help your child decide if Jessie should **TAG**.

Activity 2: Make a face!

- Use the templates below to help your child make their own 'Jessie Face'.
- No printer? You or your child could draw, colour and cut out Jessie's face, or their own! Alternatively, help your child cut out faces and facial features from magazines and newspapers, and make a collage. Encourage them to be imaginative and have fun.
- We're sure your child will enjoy switching around the features to make different expressions. To support your child's play and learning, you could:
 - Name an emotion (**worried, scared, sad, happy**) and ask your child to switch the parts to make a face that represents that emotion. Use the 'Jessie facial expressions guide' to help you.
 - Play 'Guess the Feeling' - using the picture, take it in turns to make a face. Your partner has to guess the feeling. If it's a negative emotion (worried, scared or sad), talk about how your body might feel (e.g. wobbly tummy, shaky hands, etc) and ask your child what they would do if they felt that way (e.g. Tell a grown-up they trust).
- We'd love to see your work! If you like, find us on Facebook (**Click CEOP**) and share a photo. **Artwork only please. Do not share your child's name or any pictures of your child.**

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. Once a fortnight, on Tuesdays, we will produce a new activity sheet to help you support your child while schools are partially closed.

You'll find lots of support and advice for parents and carers on keeping your child safe online at www.thinkuknow.co.uk/parents/.

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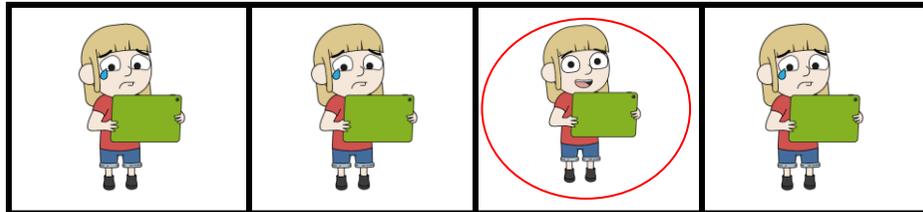
Odd One Out



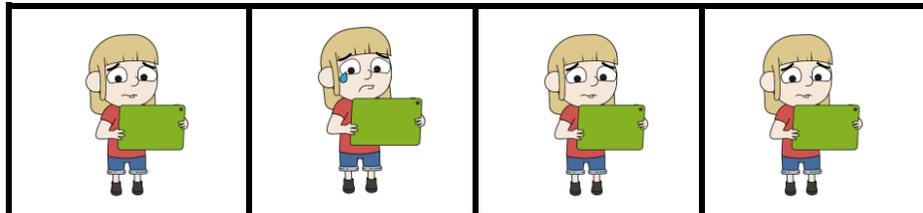
Jessie loves video-chatting with her friends and family! Look at each picture and draw a circle around the 'Odd One Out'.

Look at Jessie's face in the 'Odd One Out'. Write how she is feeling – is she *happy*, *worried*, *scared* or *sad*?

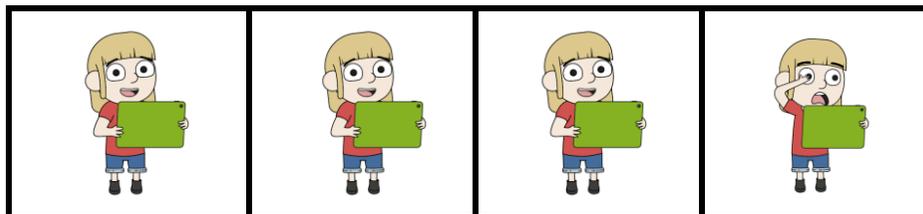
Circle to show if Jessie is OK or if she should TAG (Tell A Grownup). The first one has been done for you.



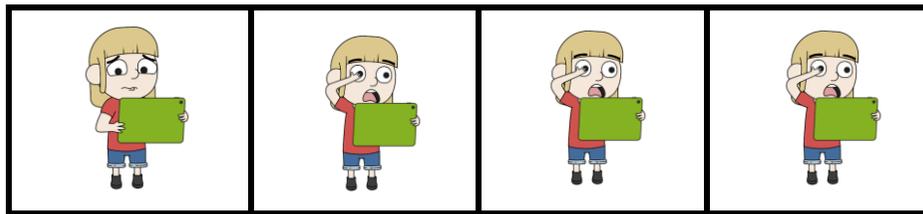
Jessie is feeling**happy**.....



Jessie is feeling



Jessie is feeling

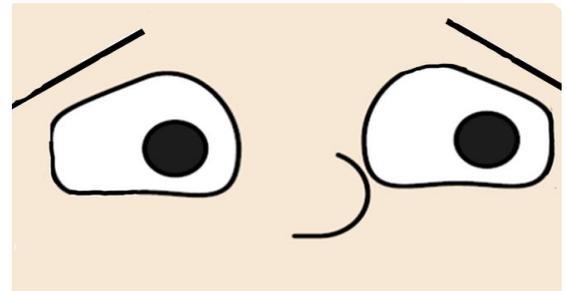
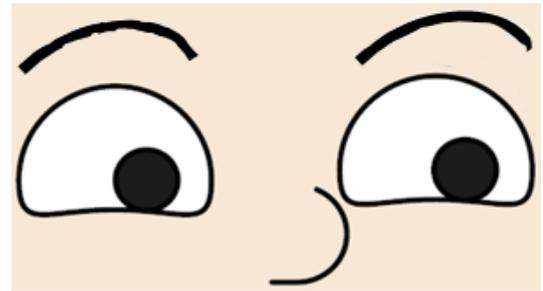
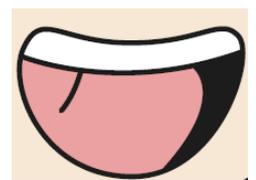
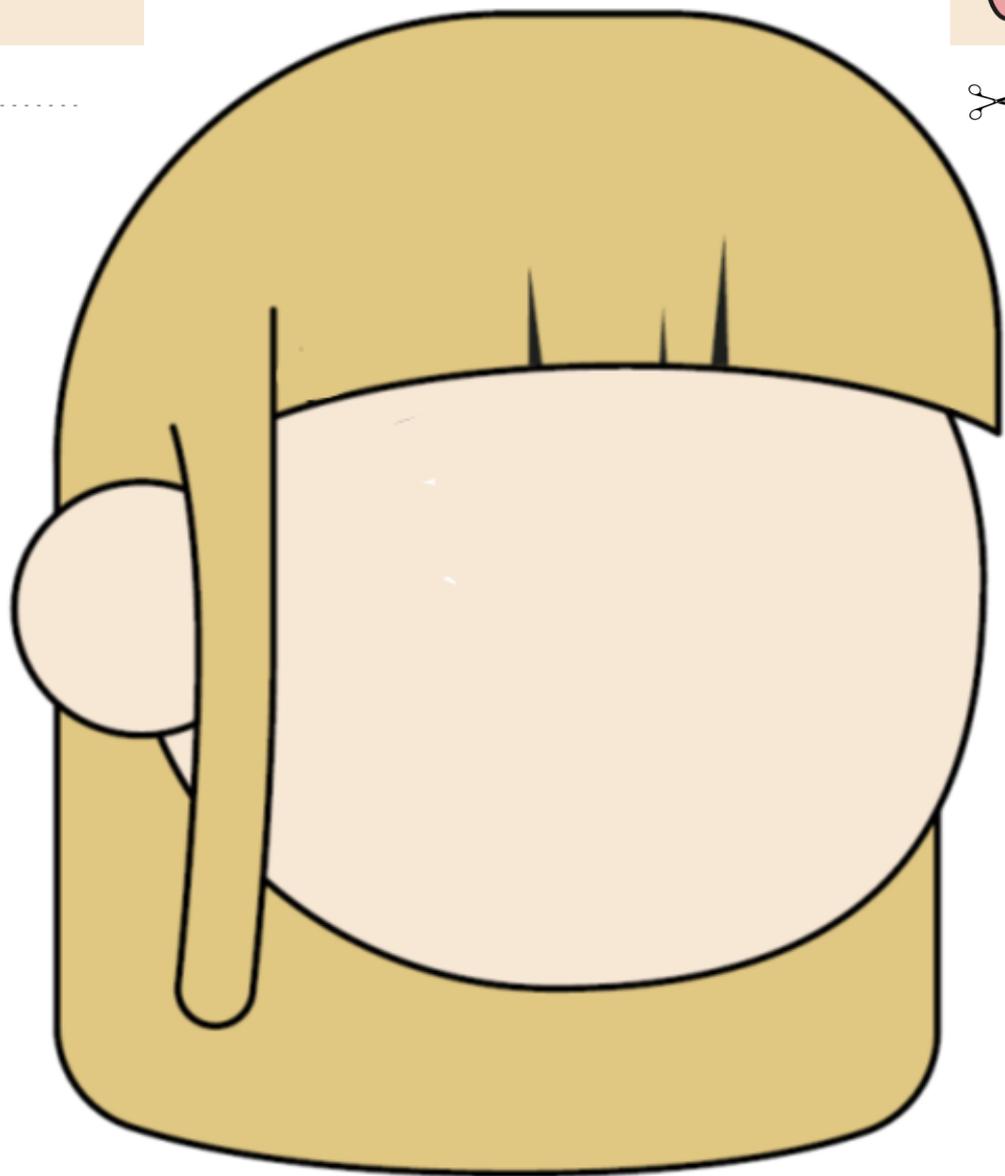
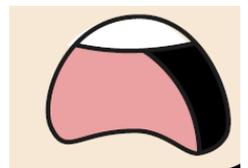


Jessie is feeling

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Make a Face!

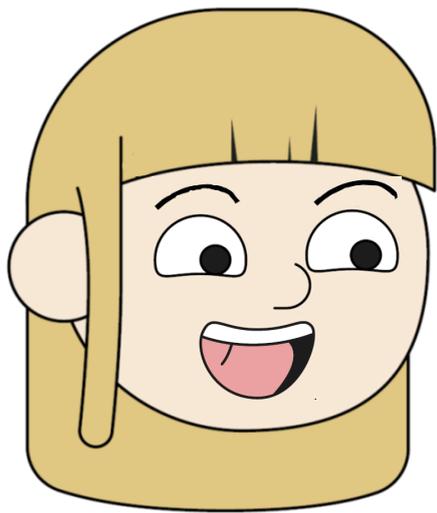




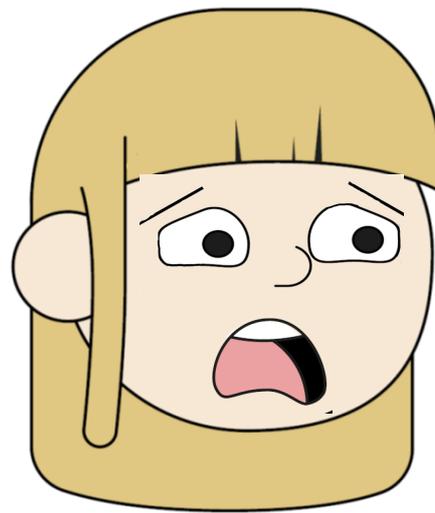
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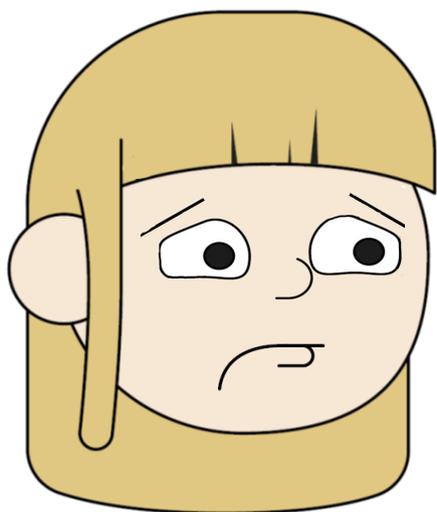
Jessie's Facial Expressions - Guide



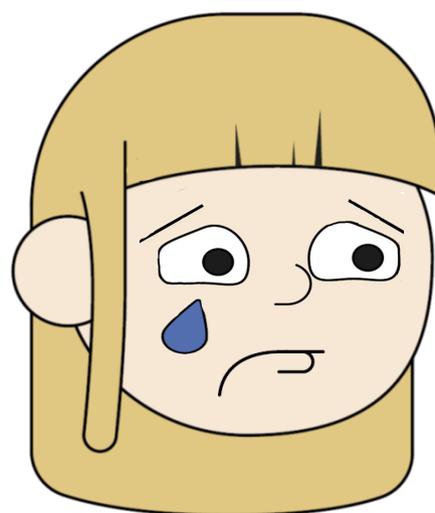
Happy



Scared



Worried



Sad